



FLOWER POWER

AVONDALE STATES GARDEN CLUB
MEMBER OF THE NATIONAL GARDEN CLUB &
THE GARDEN CLUB OF GEORGIA

September 2023

Volume IX Issue VI

THE NATIVE NUDGE *Carpinus caroliniana* American Hornbeam



A deciduous tree with medium texture and a slow to medium growth rate. It is usually single-stemmed with a spreading to rounded form. An unusual feature is the smooth, hard branches and trunk, which acquire a muscle-like rippled (Ironwood) appearance with age. It should be used much more in home landscapes. An understory tree, often occurring in wet areas, it appears to tolerate both excess moisture and moderate drought. It develops a pleasing shape without much pruning and has a pretty leaf. Up to 25' tall.

This has been planted in the verge by the AE Tree Board.



From the President . . .

I hope y'all have had a wonderful summer. Perhaps you took a vacation or visited with family and friends from afar or maybe you are just like me and just spent the summer in your garden.

Autumn is around the corner. September is coming! October is coming! I am so excited, not only for the cooler temperatures, but for AEGC members to get back together again to see people we have not seen since perhaps May, to gather and plan for old and new projects for AEGC, and to attend our monthly meetings and hear interesting speakers on various topics. Susan Hawkins has done a great job lining up speakers for this coming year.



In addition to our monthly meetings (September and October in 2023 and January – May 2024), we have events that are already being planned. Carolyn Adams is chairing the Tree Walk and she and her committee have been working hard on this event, which is scheduled for Saturday, October 28, 2023. Our annual Plant Sale will be taking place on Saturday, April 20, 2024, and I am happy to announce that we have four new Co-Chairs for this event – Susan Carney, Deborah Levine, Ann Umbaugh, and Peg Wyse. On Saturday, June 1, 2024, we have another Secret Garden Tour. SGT Chairman, Tyler Weaver, is already busy working with his committee planning this event.

As you can see, there are lots of opportunities for involvement. I encourage you not to sit on the sidelines, but to get involved with all that the Avondale Estates Garden Club has to offer. I can attest that it is much more fun to be a part of things than to watch from afar. See you at the Decades of Daisy Flower show!

~ Patricia Calcagno

AEGC MISSION STATEMENT

The Avondale Estates Garden Club offers education and service opportunities to inspire appreciation of the various horticultural arts and to promote the awareness of environmental responsibility.

What's In A Name?

Redbud District's annual Yellow Daisy Flower Show occurred for many years in conjunction with the Stone Mountain Park Yellow Daisy Festival. The park is alive with Yellow Daisies in September and what better time to have one of the biggest Arts and Crafts festivals in the US. Why in Stone Mountain? The lovely flower blooms in granite outcroppings with just a modicum of soil that has collected in a depression in the stone.

The Yellow Daisy, as we know it, was formerly known as *Viguiera porteri*. It was named for a French physician and botanist L. G. Alexandre Viguiera and, in 1849, by Harvard botanist Asa Gray in honor of Thomas Conrad Porter, a Pennsylvania minister and botanist who collected the plant in Georgia. More recently it was "discovered" to be an annual SUNFLOWER and has been transferred to the genus *Helianthus* (named for the Greek god of the sun, Helios). It is an endemic species that occurs in and around granite outcroppings in the Piedmont regions of North and

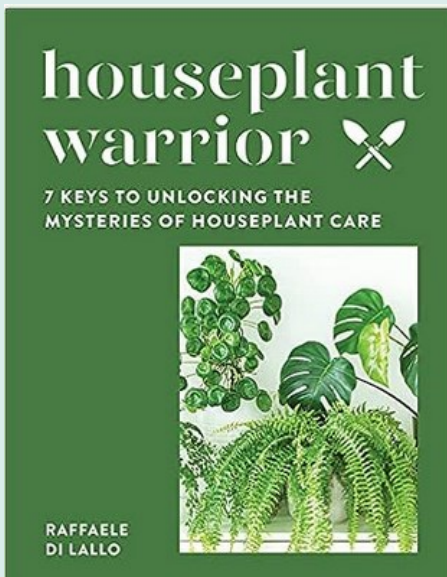


Stone Mountain Yellow Daisies
Photograph by Lee Coursey

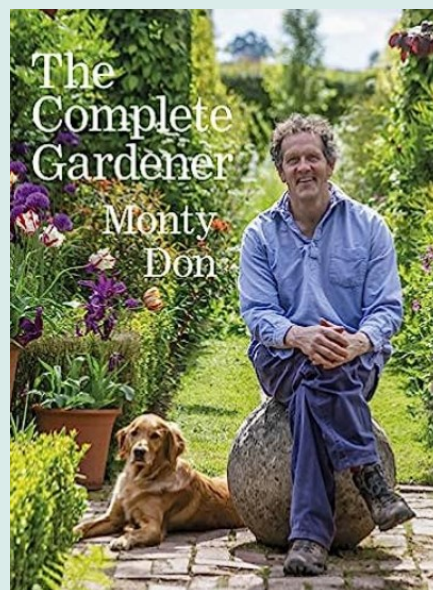
South Carolina, Alabama, and Georgia. It is now known to the botanical world as *Helianthus 'porteri'*. To misquote Shakespeare, This daisy by any other name would still be yellow and grow on Stone Mountain.

Thanks in part to the USDA Agricultural Research Service and the New Georgia Encyclopedia

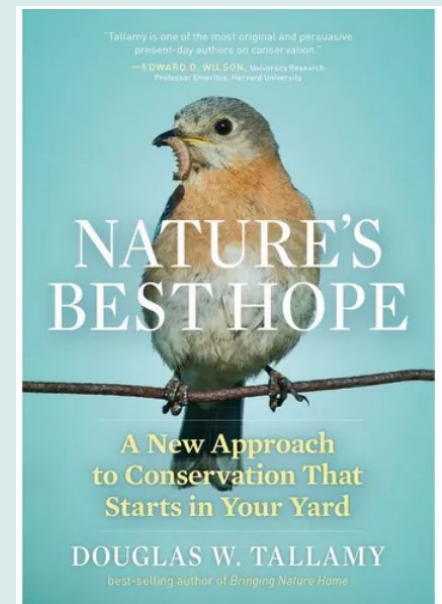
Gardening Books You May Have Missed



Raffaele Di Lallo, disgusted with his parent's cigarette habit, sought to clean the air in his house. He stuffed it with moisture-loving monsters and started a blog, Ohio Tropics, to share his plant-care knowledge. His new book, offers valuable health-care tips for hapless plant parents. There's an excellent section on propagation because, well, we are parents, aren't we?



Comprehensive, practical, and highly illustrated book. Organic techniques have always been at the core of his practice, but this new edition picks up on another key principle: the need to provide habitats in your garden for local wildlife. Beautiful photography and beautifully written anecdotes.



This one calls attention to the crisis affecting many wildlife populations, including pollinators. Dr. Tallamy outlines practical steps homeowners can take to turn their yards into conservation corridors to provide wildlife habitat. Native plants are essential for biodiversity.



~AN NGC STANDARD FLOWER SHOW~

The 50th Redbud District Standard Flower Show

~PRESENTED BY REDBUD DISTRICT VII~

In cooperation with

Callanwolde Fine Arts Center 980
Briarcliff Road, NE
Atlanta, Georgia 30306
404-872-5338

Wednesday, September 20, 2023, from 1:00 p.m. – 7:00 p.m.
Thursday, September 21, 2023, from 10:00 a.m. – 5:00 p.m.

~Open and Free to the Public~

Member of National Garden Clubs, Inc., Deep South Garden Clubs, Inc.,
The Garden Club of Georgia, Inc., Redbud District VII, and
The DeKalb County Federation of Garden Clubs, Inc.

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You are all invited to attend the 50th anniversary of Redbud District's Standard Flower Show September 20th and 21st at Callanwolde Fine Arts Center in Atlanta, GA. The juried show hours are September 20th 1-7PM with a special ribbon cutting event with GCG President Lisa Hall at 1PM to launch the show. The next day the show opens from 10AM-5PM. There will be 40 adult floral designs with themes from the past fifty Yellow Daisy flower shows. Additionally, youth and members of a senior center in Conyers will exhibit their designing talents. Horticulture will feature hundreds of specimens of plants and there will be educational exhibits on recycling and pollinators. The creative flower show schedule with all the details of the event is available online at the Redbud District website www.redbuddistrict.com. This year's NCG Standard Flower Show promises to be spectacular in a unique and charming setting. The show is open and free to the public with free parking. Come join the fun and bring a friend!



AEGC Members Support Redbud District's Annual Standard Flower Show

A flower show is not only a beautiful collection of specimens and designs, but a prime opportunity to capture the wonder and minds of the viewing public and club members. Flower shows stimulate interest in growing and showing horticulture, creating floral designs, and expressing creativity. It can be an invaluable way to educate and share knowledge of National Garden Clubs from local organizations to national goals and objectives. A flower show can be as simple as an intimate gathering or be a large celebration of horticulture. At any scale a flower show brings community members together to learn, grow, and display.

The term, "Standard Flower Show" is the official title of a flower show conforming to standards established by National Garden Clubs, Inc. (NGC). The purposes of a Standard Flower Show as outlined by NGC are to educate club members and the viewing public, to stimulate interest in horticulture and floral design, to provide an outlet for creative expression, and to convey to the community the objectives of NGC. Beyond the purpose of a Standard Flower Show there are very specific rules about what to do and how to do it.



*Hosta
'Scheherazade'
Exhibited by Chuck
Zaeb*

The NGC required Divisions are Horticulture, Design, Education, and Youth and Sponsored Groups. There are required numbers of classes and exhibits in each Division. Example: There must be a minimum of five classes and 20 exhibits in the Horticulture Division.

Now, think that Redbud District has been offering the public a Standard Flower Show for 50 years! Participants from Redbud District come from 35 garden clubs in 18 counties stretching from Newton County to our east all the way to the Alabama state line. Each entry starts in an individual garden located in one of those 18 counties. The process is simple. You find a leaf or flower that is at its peak in your garden, note the name and botanical name, bring it to Scott Legg's house on the morning of Tuesday, September 19. The green display bottles will be ready for your hort specimen. At that point there will be information to fill out on the card that accompanies each entry. There will be people at Scott's to help with that. If you don't know the botanical name, we can help with that too. You may bring potted plants as well. Many AEGC members have done this for the first time and won a first, second or third place. The whole experience is fun and interesting to attend/and or work a shift.

Information from NGC and GCG websites, Photo from Georgia Hosta Society

From the Co-Chairs of the Decades of Daisy Flower Show

The Redbud District Flower Show is less than 3 weeks away, and there is still much to do. We really could use your help the week of the show, particularly on Monday, September 18th when most of the staging will occur. We will skirt the tables, assemble the signage, cut the class ribbon dividers, cover books with kraft paper, etc. The properties will be delivered in the morning, so by 11:00 am, we should be ready to transform the Courtyard Room at Callanwolde into a spectacular flower show celebrating 50 years of Daisy. **Please consider volunteering to help set up on Monday the 18th, anytime between 11:00 am and 4 pm.** Please reply to Joy at joyzaidan4986@gmail.com if you are able to volunteer for an hour or two. Snacks and bottled water will be available, courtesy of Avon Garden Club. We appreciate you sharing your time and talents to make this 50th Flower Show a memorable one.

Joy Zaidan, Show Chairman and Gale Thomas, Show Co-Chairman



August Yard of the Month 11 Fairfield Plaza Home of Lynn Boyd and Harry Vann

Lynn Boyd and Harry Vann, are long-time Avondale residents. Lynn and Harry maintain their yard themselves, with beautiful Hosta, caladiums and ferns in a multi-level display surrounding and on their front porch! As you walk by on your way to Willis Park or the Avondale Pool, take a look at the lovely yard and welcoming front porch at 11 Fairfield Plaza. Look for the muse of Lynn's award winning poem, the Tulip Poplar. Watch this spot in the spring with the yard is filled with lambs.

WALTER SAYS....Fertilize salvia and chrysanthemums with liquid plant food. They will reward you with lots of blooms later this fall. . . Deadhead tired out perennials like Shasta daisy, black-eyed Susan and purple coneflower. You can cut off dead flowers and brown foliage to neaten the plants for fall. . . (You can leave some coneflower heads for the finch to feast on) . . . Divide daylily, iris and monkey grass while you still have several weeks of warm weather to encourage root growth. . . It's a great time to plant peony roots. A good, old-time favorite is 'Festiva Maxima'. For real excitement, plant a tree peony and get huge blooms next May. . . Did chickweed and annual bluegrass run rampant in your lawn last spring? Now's the time to put out a pre-emergent weed preventer on lawns you'll not overseed this fall. . . Time for the first application of fertilizer on fescue grass. This cool season turf needs fertilizer in September, November, February and April.



The Garden Club of Georgia and Redbud District Welcome Newly Formed City of Stonecrest Garden Club



The Stonecrest Garden Club became Redbud's newest club on June 27, 2023. With twenty-three members, the club is ready to make a positive impact in city of Stonecrest. Serving as mentors to the new club are the members of the nearby Conyers Garden Club.

Originating from a community garden studies group led by the City of Stonecrest Naturalist, Sheldon Fleming, the group voted to become a federated garden club in May and joined the Garden Club of Georgia, Inc. in June. The club is proud to have Mr. Fleming as a founding member of the club.

The newly elected officers are geared up and ready to move the club into a successful transition from garden studies to more active garden club activities and additional educational opportunities. After the first official club meeting, the members are excited and ready to get started with civic projects of beautification, conservation, and education. Plans are in place to work over the summer months to develop 2023-2024 club activities and projects, with a focus on highlighting the benefits of gardening in the Stonecrest community.

Gail Thomas, a former member of AEGC, was instrumental in guiding the club through the process of becoming a garden club as part of the National Garden Club, Garden Club of Georgia and Redbud District. The Conyers Garden Club is now mentoring the Stonecrest Club. Gail Thomas, who is a former Redbud Director, is the first President.

In a time when many garden clubs across the country are declining, this is great news. Congratulations to the new members.

SUPPORTING AES FOUNDATION FUNDRAISER

AEGC contributed two baskets for the mostly online auction. The proceeds went to the Avondale Elementary School Foundation. Jean Kingsbury and Karen Liebert made these two baskets for the Club to donate. We support AES in a variety of ways. Currently we are part of the school supply drive and we have a continuing project to maintain the Totem Garden.





SEPTEMBER YARD OF THE MONTH
43 Clarendon Avenue
Home of Judy Eustace and Vivian Fisher

Located at the corner of Kingstone and Clarendon, the front garden of this home is a wonderful example of a structural, multi-layered, multi-height landscape. It is not only pleasing to the eye, but breaks up and complements the geometrical architecture of the house. The garden contains trees and shrubs in different colors, shapes, and sizes providing year-round visual interest. Congratulations to the owners, Judy Eustace and Vivian Fisher!

**Avondale Estates Garden Club is proud to be a Member
of National Garden Club, Inc., Deep South Garden Club, Inc., The Garden Club of
Georgia, Red Bud District and The DeKalb County Federation of Garden Clubs, Inc.**



Bonnie Phelps Memorial Tree Walk

October 28 is the date for the upcoming traditional AEGC Tree Walk. If you haven't attended in the past you will be in for a lovely day. Plan to bring the children and grandchildren, nieces and nephews. It is a wonderful opportunity for children and adults. Usually perfect weather (we count on October to be cool-ish, dry and sunny if not crisp), it's a Saturday, so everyone is in a good mood and happy to be outdoors and ready to take a walk.

There will be activities for children, a 15 minute Tree Talk by Steve Sanchez, a guided route map with five arborists leading tours. It is always a wonderful day.

Carolyn Adams is chairing the event. Volunteers welcome!



HOLIDAYS FOR HEROES

The annual project of DeKalb Federation, Holiday for Heroes, gives us an opportunity to thank those who are on active duty in the military and deployed around the world. We send holiday cards and thank them for their service. These cards will be delivered to Dobbins Air Force Base in October and will be distributed to our troops.

Please check in your Holiday supplies for cards you can send and deliver them to Peg Wyse. The deadline to have them to Federation is OCTOBER 24th. Amazon is a decent resource for packages of Holiday cards.



GUIDELINES FOR CARDS:

- Do not seal envelopes
- Do not sign cards, instead say Thank you for your service, or A Grateful American etc.
- No postage, no personal information, no political statements
- NO GLITTER!!! Many cards are delivered to wounded soldiers. Glitter can get into a wound. Also as we all know, *Glitter is forever.*

CALENDAR

September 11 Remember 9/11 Ceremony

14 Membership Meeting 6:00

16 Paper Shredding Event DeKalb County

20-21 Decades of Daisy Flower Show - Redbud District

28 Federation meeting Callanwolde 10:30

October 5,6,7,12,13,14 Native Plant Sale-Mimsy Lanier Center for Native Plant Studies - Athens

10 Recycle Rodeo to CHaRM

17 Annual Redbud District Meeting (at Callanwolde)

19 Membership meeting 6:00

24 Deadline for Holidays for Heroes Cards

28 Bonnie Phelps Memorial Tree Walk



Redbud District

*The Garden Club of Georgia, Inc.
Cordially Invites You to Attend*

The 62nd Annual District Meeting And Gift Basket Raffle

Tuesday, October 17, 2023

*Callanwolde Fine Arts Center
980 Briarcliff Road
Atlanta, Georgia 30306*



“Wild about Wildflowers”

*Guest Speaker— Ms. Felicity N. Davis
Landscape Architect
Georgia Department of Transportation
Roadside Wildflower Program*

2023 Redbud District Meeting Registration Form

Mail completed registration form and check for **\$35.00**

payable to **Redbud District** to:

Rigby Duncan, 2800 Hunting Hill Lane, Decatur, GA 30033-1504
rigbyduncan113@gmail.com 678-644-9502

Luncheon Reservation Deadline: **October 7, 2023** Late Fee: \$10.00

Name _____ E-Mail _____
Address _____ City _____ Zip _____
Garden Club _____ District _____ Phone _____

PLEASE CHECK ALL THAT APPLY

| | | |
|--|---|--|
| <input type="checkbox"/> National Board Member | <input type="checkbox"/> Former State President | <input type="checkbox"/> District Board Member |
| <input type="checkbox"/> National Life Member | <input type="checkbox"/> State Board Member | <input type="checkbox"/> Council President |
| <input type="checkbox"/> Deep South Board Member | <input type="checkbox"/> State Life Member | <input type="checkbox"/> Club President |
| <input type="checkbox"/> Deep South Life Member | <input type="checkbox"/> District Director | <input type="checkbox"/> Club Member |
| <input type="checkbox"/> State President | <input type="checkbox"/> Former District Director | <input type="checkbox"/> Guest |

First Time Attendee at a District Meeting New Garden Club Member in 2023

Dietary Restrictions _____

I would like to reserve exhibit space for a display. I will need:

1/2 table _____ 1 table _____

Chairmanship/Name of Display _____

Do Pollinators a Favor While Adding Beauty to Your Space

Planting a pollinator garden may sound like a daunting enterprise. In fact, we may only be talking about three or four plants in whatever space you have. The main requirement is six hours of sun on a patch of your yard. The size of the patch is determined by you. Four plants around a bird bath becomes an attractive point of interest or just the plants by themselves. Purple coneflower, Agastache 'Blue Fountain', Bee Balm and Baptisia gives you purple, light blue, scarlet, and yellow, blue or white depending on your choice of Baptisia.

Even one plant for pollinators is helpful. Agastache (pronounced ah-GAHS-ta-key) comes in many cultivars (also called Hyssop). I purchased 'Blue Fountain' at the plant sale in April. In the first season it grew to be about three feet tall and had beautiful spikes of blue. Those spikes lasted all spring and almost through the summer and were filled with bees the whole time, morning to night. Now that it is almost finished the Little Joe Pye Weed planted in the same bed has bloomed and has invited those pollinators to continue the party.

Following is a partial list of pollinator plants for Georgia by season. This might get you thinking about things to plant this fall. We will publish a list again in early spring to nudge you toward some plants you may not have considered in the past.

Summer into Fall

- *Bee balm (especially *Monarda punctata*)
- *Catmint (*Nepeta faasseng*)
- Cosmos (single petal type)
- *Hyssop (*Agastache* species-especially *Agastache foeniculum* or *Agastache Mexican*)
- *Black eyed Susan (*Rudbekia hirta*)
- *Purple Coneflower (*Echinacea purpurea*)
- Sunflower (especially *Helianthus angustifolius* & Lemon Queen)
- Buttonbush (*Cephalanthus occidentalis*)
- *Mountain Mint (*Pycnanthemum virginianum*)
- *St. John's Wort (*Hypericum frondosum*)
- Baby Sage (*Salvia microphylla* 'Hot Lips')
- *Yarrow (*Achillea* spp.)

Fall until Frost

- *Goldenrod (*Solidago* spp)
- *Aster (*Symphyotrichum* spp)
- *Joe Pye Weed (*Eutrochium dubium*)

**These plants were offered at the
2023 Plant Sale*



THE STATE BOTANICAL GARDEN chooses Pollinator Plants of the Year. For 2023, the top performing pollinators were Wild Blue Indigo (*Baptisia australis*), Wild Bergamont (*Monarda fistulosa*), Aromatic Aster (*Symphyotrichum oblongifolium*) and Joe Pye Weed (*Eutrochium dubium*). All readily available in Georgia. You might have to order online, however.

Reminders from Federation:

Remember 9/11 Ceremony

The DeKalb County Federation of Garden Clubs, Inc. is again honored to provide a beautiful wreath for the Remember 9/11 Ceremony held annually at the DeKalb County Public Safety Complex in Tucker. The First Responders unit is very grateful for our generosity, participation, and support. As you know, this year marks year 22 of this terrible day for our Nation. Memorial Remembrance Ceremony Monday, September 11th

**DeKalb County Public Safety Complex
1960 West Exchange Place
Tucker, Georgia 30084
The location is right off Northlake Parkway**

The ceremony will begin at 8:46 am, to commemorate the time the first plane struck the Twin Towers. Please arrive between 8:15 and 8:30 in order to get a parking place in the lot, as they will block the road to vehicles. Parking is free. This year, we are honored to have a very special reading by Victoria R. Crosby as a part of this ceremony. She will read an original poem, entitled A Tribute to Heroes. Victoria is the President of Smoke Rise Garden Club. We are appreciative to Victoria for sharing her poem with us all.

Members from all branches of Public Safety will participate in this moving ceremony. Metal from the Twin Towers site was used in creating this memorial sculpture. It is a beautiful tribute to those who gave and lost so much. There is no seating so wear comfortable shoes for standing. We often receive media coverage of the event. We hope many of our members will be able to attend. If you will, wear something red, white and/or blue.



PAPER SHREDDING EVENT

Saturday, September 16, 2023

8 AM - NOON

Sanitation Division's Central Transfer
Station 3720 Leroy Scott Drive, Decatur, GA

30032

Participation is **FREE** and open only to residents in the DeKalb County

Sanitation Division service area

PREVENT identity theft

PROTECT the environment

PROPERLY DISPOSE OF personal sensitive documents

Proof of residency is required • No commercial participation

Limited to 10 standard-size boxes of documents per vehicle

Shredding services provided by A1 Shredding & Recycling

For more information, please call (404) 294-2900, visit www.dekalbsanitation.com,
or follow us on Twitter @DKalbSanitation

Federation Meeting Thursday, September 28 10:30 at Callanwolde

The first meeting of the year features the owner and originator of Garland's Garden in Scottdale. The nursery is just up Clarendon from Avondale Estates and next door to Beech Hollow. The plants are organically grown by owner Andrew Lane whose focus is on vegetable, herb, and medicinal plants.

